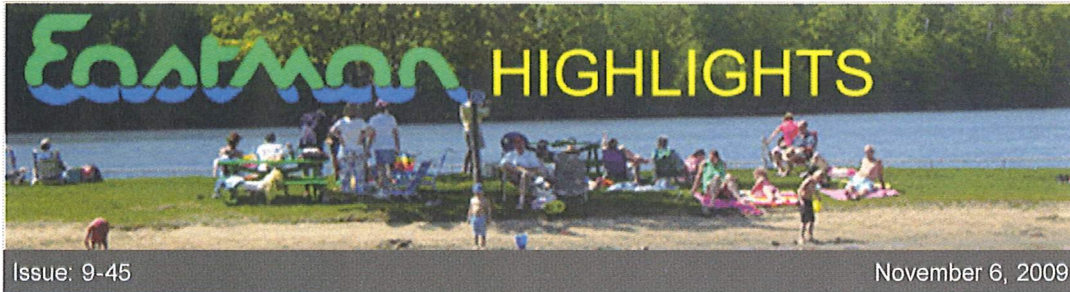


From: Eastman Notices <notices@eastmannh.org>
Subject: **Highlights, November 06, 2009**
Date: November 5, 2009 11:46:37 AM EST
To: jeff@cbredpath.com
Reply-To: notices@eastmannh.org



Issue: 9-45

November 6, 2009

NEWS & NOTES

Click to view upcoming and on-going events for [November](#) or for the [next 6 months](#).

South Cove Activity Center is staffed from 8 a.m. to 8 p.m. Come use our new facility.

The Turkey Trot is coming! Recreation needs volunteers to help on Nov. 14 during the event or maybe you would like to make a pie for one of the prizes. Contact Recreation, 863-6772, to sign up.

Road work: Fall grading and rolling of gravel roads is complete, but there are some touch-ups being done due to the heavy rains.

Ice melt co-op: A bulk purchase of Calcium Magnesium Acetate (CMA), a winter road salt substitute, is being conducted for Eastman owners again this year by Ron Carr. CMA is

THIS WEEK AT EASTMAN

Now through Nov. 8 - All in-stock merchandise is 50% off at Eastman Golf Links. Shop for the holidays or just for yourself. This sale includes Eastman logo apparel.

November 5 (Thursday) Wine dinner with Bistro Nouveau & The Wine Tasting Group of Eastman - 6:30 p.m. at The Center at Eastman. Reservations were due by Oct. 30. Watch for future dinners.

November 6 (Friday) Bistro Nouveau presents Jason Cann - 6 p.m. at The Center at Eastman. Acoustical guitarist Jason Cann makes his popular monthly visit to Eastman. Call for reservations if you'd like a table in the Tavern because it fills up quickly! 603-863-8000.

November 7 (Saturday) Let's Exercise Eastman - Winter Wellness Program Kick-Off Meeting - 10-11 a.m. at South Cove Activity Center. The Recreation staff invites all Eastman owners, including fitness center members, pool members, cross country skiers and snowshoers to participate. Everyone who completes the program will be entered to win a one-year pool or fitness pass. For more information, visit the [Recreation web page](#) or call Recreation, 863-6772. Entry fee \$15.

Starting November 9 (Mondays and Wednesdays) Winter Sports-Ready Classes - 10:15-11 a.m. at South Cove Activity Center. Get ready for cross-country skiing, downhill skiing, snowboarding and snowshoeing in this special exercise program. Six classes: Nov. 9, 16, 18, 23, 30, Dec. 2. (Some Wednesdays have been skipped because of holidays.) \$48 for the session. Minimum of 8 people must register for the class to be held. To register call Recreation 863-6772

biodegradable and helps protect our lake. It is harmless to children and dogs, non-corrosive and very effective. The price is \$14.50 per 50-pound bag, which is lower than last year's price. **Deadline to order is Nov. 12.** The product will be delivered to the South Cove fire station in late November. Purchasers will be contacted by email with pick up times. Volunteers will be needed to help with distribution. For more information, contact Ron at rcarr38@comcast.net or 863-4298. If you order, please send your check to Ron at PO Box 1077, Grantham, NH 03753.

Notice to walkers: Please wear light or reflective clothing and carry a flashlight for your own protection when out walking in the evenings. And ALWAYS walk facing traffic.

Email address changes: Please keep us informed when you change your email address. Use the "Update Profile/Email address" link at the bottom of this email.

Announcements: Send information about upcoming events or programs to calendar@eastmannh.org.

New on the members' website

[FY11 Long Range Plan](#)

[Eastman Security's new webpage](#)

QUICK LINKS

EASTMAN MEMBERS' AREA

Username: our

Password: eastman

EASTMAN GOLF LINKS



E-CLASSIFIEDS

BISTRO NOUVEAU

[Grantham School District](#)

RECREATION, 603-6772.

November 12 (Thursday) The New Lunch Group - 11:30 a.m. at The Center at Eastman. **Registration deadline Nov. 9.** A social lunch to see old friends and meet new friends. Call Joyce Wakefield at 863-5900 for reservations. You are responsible to pay if you cancel after the deadline. \$16 payable at the door.

November 9 (Monday) Club Uno - 6 p.m. at South Cove Activity Center. Bring an appetizer or dessert to share and your own beverage. If you are single, living in Eastman and would like more information on joining the club or to RSVP, e-mail Carolyn Bond, carolyn.j.bond@hitchcock.org.

Starting November 10 (Tuesdays and Thursdays) Floor, Core & More - 6:30-7:15 p.m. at South Cove Activity Center. A great class to strengthen your core and improve your flexibility. Six classes: Nov. 10, 12, 17, 19, and Dec. 1, 3. \$48 for the session. Minimum of 6 people must register for the class to be held. To register call Recreation, 863-6772.

November 11 (Wednesday) Men's Investment Club - 12 to 3 p.m. at South Cove Activity Center.

November 12 (Thursday) Mom's Night Out - 7 p.m. at South Cove Activity Center. Bring an appetizer or dessert to share, your choice of drink and enjoy the company of other mom's. Contact Jane Feldhaus, 509-781-1098.

NEXT WEEK AT EASTMAN

November 14 (Saturday) Turkey Trot 5-Mile Run & 2-Mile Walk at The Center at Eastman. Register online from the [Recreation web page](#).

- Race Starts at 11 a.m.
- Race Day Registration begins at 9:30 a.m.
- Pre-registration \$12; race day registration \$14
- Families (w/children under 18) \$25

Bring a non-perishable food item, and run or walk for a good cause. Net proceeds are donated to needy families in Grantham, Enfield, Springfield and Newport.

Pie Makers & Other Baked Goods Needed Volunteers Needed

November 15 (Sunday) Presentation and Book Discussion of The Sistine Secrets: Michelangelo's Forbidden Message in the Heart of the Vatican - 2 to 4 p.m. at South Cove Activity Center. Joel Ash, an Eastman resident, will be the featured speaker and will lead a book discussion. Everyone is invited and admission is free. Please bring an hors d'oeuvres or dessert to share. Bring your own beverage of choice. In conjunction with the Sunapee Kearsarge Community Jewish Group.

November 18 (Wednesday) A View From The Top, Climbing and Back Country Skiing in North America - 7:30 p.m. at The Center at Eastman. Photography and presentation by Hanover dentist, Dr. Jim Predmore, who has been climbing and back country skiing for 30 years. Free and open to the public.

GOVERNANCE

- **Nov. 9 (Mon.) Council Executive Committee** - 9 a.m. at South Cove Activity Center

- **Nov. 11 (Wed.) Golf Committee** - 9 a.m. at South Cove Activity Center
- **Nov. 11 (Wed.) Recreation Committee** - 9 a.m. at South Cove Activity Center
- **Nov. 13 (Fri.) New Council Member orientation** - 5 p.m. at South Cove Activity Center. RSVP to Garth Rand.



Fall Hours

Wed.-Sat: 11:30 a.m.-8:30 p.m. Sun: 11:30 a.m.-7:30 p.m. (Tavern only)
Closed Monday and Tuesday

Every Wednesday:

2 salads, 2 dinners and 2 glasses of wine or beer for \$35. Entrees change weekly,
so call
863-8000 to find out this week's menu.

Bistro Nouveau presents...

Nov. 6: Jason Cann, 6-9 p.m. in the Tavern. Call for reservations.

It's not too early to book your **holiday party**. Contact Isabel to get the date you want.

Bistro E-Newsletter

Don't miss a single event or special at Bistro Nouveau. [Sign up NOW](#) for a weekly newsletter.

603.863.8000

www.bistronouveau.com

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Eastman Community Association | PO Box 53 | Grantham | NH | 03753