

From: Eastman Notices <notices@eastmannh.org>
Subject: **News you can use to get up and out!**
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To: jeffadie@gmail.com
Reply-To: notices@eastmannh.org



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NEWS AND NOTES

View Eastman events for [April](#) or for [the next 6 months](#).

Recreation is looking for summer program instructors and a swim instructor. Contact Leslie Moses, director of Recreation, at 863-6772 or

THIS WEEK AT EASTMAN

April 14 (Thursday) Woodlands and Wildlife nature walk in Heath Forest - 2:15 p.m. from the parking lot at The Center. Dave Anderson, director of education and volunteer services for the Society for the Protection of NH Forests, will be the leader. Learn about wildlife associations along the trails and look at forest types, species and ages, and discuss wildlife habitat opportunities as well as likely land-use history. Questions? Call Ruth Ann Eastman, 863-2132.

April 14 (Thursday) Toddler Easter Egg Hunt - 3:30 p.m. at South Cove Activity Center. Each participant must bring 5 eggs filled with non-candy items. The eggs will be hidden by the Easter Bunny during a Story Time for the children. The event is open to toddlers up to 4 years of age. Call Recreation to sign-up, 863-6772.

Every Thursday enjoy Specialty Pizzas and Pint Specials at Bistro Nouveau - \$3 pints open to close, and 16-inch specialty, whole wheat crust pizzas. Menu changes weekly. [View menu](#). Call 863-8000 for reservations or take out.

April 14 (Thursday) Interest meeting for July canoe/kayak camping trip - 6 p.m. at South Cove Activity Center. Come discuss the possibilities for an Adirondack camping trip tentatively scheduled for July 14-19. Contact Leslie for more details, 863-6772 or leslie@eastmannh.org.

April 14 (Thursday) Interactive Golf Workshop - 6:30-8 p.m. at The Center. [Complete details below](#).

leslie@eastmannh.org

Help deter geese:

Volunteers are needed to tie mylar ribbon on temporary fencing at our beaches to keep geese away. This method proved very effective last year. If you can give a few hours of your time, call Recreation at 863-6772.

New Trail Guides are available to [download](#) from the members' area or purchase at South Cove Activity Center.

CORRECTED CONTACT INFORMATION:

Help Wanted: Inaugural Eastman Fashion Show will be held Sunday, May 22. Models of all ages are needed: children, teens, parents, grandparents. Please [email Cindy O'Brien](mailto:cindy.o'brien@eastmannh.org) to express interest or for more information.

CSA registrations have been extended until May 1 without incurring a late fee. Your own box of fresh produce delivered to South Cove every Tuesday starting mid-June. Applications available at South Cove or [on-line](#).

Recreation Fall Trip:

Arrangements have been made with Bike Vermont to offer a fall tour of the Champlain Islands in northern Vermont. Limited to 20 participants. More information about the trip available on [their website](#).

Seeking Summer Housing:

Eastman Tennis Pro Gary Conklin is seeking summer housing. If you have an opening, please contact Gary at 413-443-8781 or pro10sqc@aol.com.

ECA charges: When charging to your Eastman property account, you **must** present your Eastman

This weekend: Bistro Nouveau unveils a new gluten-free and vegetarian/vegan menu. Ask your server for a copy.

April 15 (Friday) Bistro Nouveau presents Sarah Wallis - 6-9 p.m. in the Tavern. Sarah makes her first visit to Bistro. Check [her website](#) and then come to the Bistro for great food and entertainment. Reservations at 863-8000.

April 16 (Saturday) Four-Hand French - 7:30 p.m. in the Draper Room at The Center at Eastman. Pianists Philip Liston-Kraft and Dan Weiser will present works by Debussy, Ravel, Faure, Poulenc and others. Tickets available at the door: \$20 for adults, free for children.

April 18 (Monday) Eastman Golf Links Clean Up Day - 9:45 a.m. to noon. Meet at the pro shop to help pick up branches and other debris around the course under the direction of Course Superintendent Michael Gornert. Dress warmly with wet weather/work footwear and work gloves. Work usually lasts two hours or so, after which all volunteers are treated to lunch at the clubhouse. To offer your assistance, contact Maggie Sullivan at maggiepar@hotmail.com. Advance notification by volunteers ensures enough lunch for all. Rain date: April 19.

April 18 (Monday) Potluck Passover Seder - 5:30-8:30 p.m. at South Cove Activity Center. Reservation deadline has passed.

NEXT WEEK AT EASTMAN

April 24 (Sunday) Bistro Nouveau open for Easter - 11 a.m.-7:30 p.m. Bistro is open for lunch and dinner. In addition to their new, a la carte menu, specials will include classic eggs benedict with cottage fries and hollandaise, and certified angus prime rib served au jus with baked potato. Reservations recommended: 603-863-8000.

COMING SOON TO EASTMAN

April 29 (Friday) Games Luncheon - Noon to 4 p.m. at South Cove Activity Center. Join a group to play Dominoes, or form your own group for Bridge, Mah Jongg, Scrabble, etc. Bring your own lunch and drink. Contact Jackie Underhill to let her know you will be attending so tables can be set up: 863-7634.

April 30 (Saturday) Prescription Drug Take-Back Day - 10 a.m.-2 p.m. at the Grantham Police Department, Grantham Town Hall. The Grantham Police Department, in conjunction with the federal Drug Enforcement Administration, will give the public an opportunity to dispose of expired, unused or unwanted prescription drugs through the Grantham PD. Flushing drugs down the toilet or throwing them in the trash poses safety and health hazards. The service is free and anonymous for all local residents.

April 30 (Saturday) Bistro Nouveau presents Chad Hollister - 6-9 p.m. in the Tavern. Check out [Chad's website](#) then come enjoy his music in person with good friends and great food. Reservations at 863-8000.

picture ID with the magnetic strip on the back. If you don't have one, you may obtain one at South Cove Activity Center.

Summer Youth Program registration is on-going. Packets may be picked up at the Recreation Office, [downloaded from the website](#), or [use the on-line registration form](#).

Roadside parking ban is in effect until April 15.

A 6-ton weight restriction is in effect on Eastman roads. If access is needed during this time by a heavy vehicle, contact the Maintenance Department in advance at 863-4044.

Pool Schedule for [April](#).

Splash, Mash & Dash Triathlon adult field is full. Waiting list registrations are being accepted. There are still openings for the kids' event. Complete information and links at www.eastmannh.org/tri.

Fire lanes are for authorized use only. Parking is not permitted except for loading or unloading vehicles.

Email address changes: Please keep us informed when you change your email address. Use the "Update Profile/Email address" link at the bottom of this email.

Announcements: Send information about upcoming events or programs to calendar@eastmannh.org.

GOVERNANCE

All are at South Cove Activity Center unless otherwise noted.

April 16 (Sat.) Food & Beverage Task Force - 9:30 a.m.

April 18 (Mon.) Finance & Budget Committee - 3 p.m. at ECA Office conference room

April 19 (Tues.) Board - 9 a.m.

April 19 (Tues.) Sewer Committee - 2 p.m. at ECA Office conference room

April 19 (Tues.) Woodlands & Wildlife Committee - 4 p.m.

April 20 (Wed.) Village District of Eastman - 8 a.m. at VDE Office

April 20 (Wed.) Sustainable Eastman - 9 a.m.

Universal Amenity Program

The new Universal Amenity Program began April 1, opening the fitness center, pool, tennis courts, golf driving range and cross country ski trails to all owners of developed properties and allowing lot owners to "opt in."

Although this statement is a broad brush of the program, you can get complete information and documents from the [Universal Amenity Program web page](#) and even more details from the [frequently asked questions](#).

If you have questions that are not addressed in these two places, please contact the Recreation office at 863-6772.

Hours of operation

Pool: 5 a.m.-9 p.m. daily based on the [monthly pool schedule](#). Owners with ID cards only from 5-8:30 a.m.

Fitness Center: 5 a.m.-9 p.m. daily. Owners with ID cards only from 5-9 a.m.

Eastman ID Cards are issued 7 days per week from 8 a.m. to 9 p.m. at the South Cove Activity Center

Fun, interactive, FREE golf workshops

Join Golf Pro Mark Larrabee for four fun, engaging, educational and (best of all!) free workshops through April 21 at The Center at Eastman. Workshops will be held 6:30-8 p.m.



Topics will include:

* adjustable drivers and their application