

From: Eastman Notices <notices@eastmannh.org>
Subject: **Eastmanaires, C. Everett Koop, and more music and holiday events**
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To: jeffadie@gmail.com
Reply-To: notices@eastmannh.org



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In this week's Highlights...

[News & Notes](#)

[Next Week at Eastman](#)

[Bistro Nouveau](#)

[Governance](#)

[Winter exercise anyone?](#)

[Reason to look forward to winter](#)

[ECA holiday hours](#)

[New to the Members' Area](#)

[Quick Links](#)

NEWS & NOTES

Dog owners: Eastman follows the state statutes regarding [dog control \(RSA 466:30a\)](#) and [noise \(RSA 466:31\)](#). Also, please clean up after your pet on the trails and along the roads, and take the bags home with you for disposal.

The Cross Country Center is open weekends only until the snow flies. Come in and take advantage of sales on ski clothing. Bring in your skis this weekend and next and get your first ski wax of the ski season for only \$2!

Dec. 15 is the deadline to register for the February ski

THIS WEEK AT EASTMAN

Every Thursday: Specialty Pizzas and Pint Specials at Bistro Nouveau - \$3 pints open to close, and 16-inch specialty, whole wheat crust pizzas. [View the complete pizza menu](#). Call 863-8000 for reservations or take out.

Dec. 9 (Fri.) Games Luncheon - 12-4 p.m. at South Cove Activity Center. Play games with old friends or new. Join a group playing Dominoes or form your own group to play Bridge, Mah Jongg, Scrabble or whatever. Bring your own lunch and drink. Contact Sandy Noordsy to RSVP, 863-9278 or noordsy63@comcast.net.

Dec. 9 (Fri.) Eastman Golf Members' Holiday Party - 6-8 p.m. at the Bistro. Heavy appetizers, cash bar & free raffles.

Dec. 9 (Fri.) Bistro Nouveau presents Dan Walker - 6-9 p.m. in the Tavern. Come enjoy music by Dan Walker during his first performance at the Bistro. Reservations are recommended, 863-8000.

Dec. 9 (Fri.) Eastman Shabbat Service - 7 p.m. at South Cove Activity Center. Everyone welcome. Bring a dessert to share after the service. Contact Sue Berg at jarsberg@comcast.net for more information.

Dec. 11 (Sun.) Chocolate House Workshop - 9 or 10 a.m. at South Cove Activity Center. **This activity is full.**

Dec. 11 (Sun.) Last Children's Swim Opportunity - 9-11 a.m. at the South Cove pool. Join the Colby-Sawyer Swim Team for a fun morning of informal instruction and supervised swim. Lesson and games are for children who swim at American Red Cross Levels 2-4. Participants will be divided into groups and each group will be run by a water safety instructor/lifeguard. Minimum to run this activity is 5 and maximum participation is 20. \$12/per child. Sign up by calling Recreation at 863-6772. Pool will be closed during this time.

Dec. 11 (Sun.) Eastmanaires Final Concert - 4 p.m. at The Center. "A Jolliest Christmas Concert." Donations welcomed at the door. Information: 863-7378.

trip to Maine. Leave Feb. 26 for a four-day, three-night ski and snowshoe trip to Carabasset Valley. Contact Recreation, 863-6772, to register and for more information.

On-street parking ban is in effect.

Fiber Art Exhibit now on display at the South Cove Activity Center.

Walking on the cart paths at Eastman Golf Links is available until the first snowfall. Please stay on the paths. Dogs are not allowed on the golf course.

Long-sleeve T-shirts and sweatshirts for adults and children are in stock at the South Cove Activity Center. They make great gifts. Come early for a great color selection.

Chili Cook-Off to benefit David's House is Jan. 28 this year, and we are looking for entries. Contact Recreation if you would like to enter or need more information, 863-6772.

David's House Winter Fest will undergo a major transformation this year. One change is the addition of a loppet. [Find out more.](#)

Hikers: It's blaze orange season! Protect yourself and your dog while out hiking.

Email address changes: Please keep us informed when you change your email address. Use the "Update Profile/Email address" link at the bottom of this email.

Announcements: Send information about upcoming events or programs to calendar@eastmannh.org.

Through Dec. 21 (Mon./Wed.) Boot Camp 101 - 5:30-6:15 p.m. at South Cove Activity Center. \$48 for the session or \$12 per class. This fun but feisty workout will tone and strengthen you from head to toe. Bring dumbbell weights if you have them, a mat, water bottle and change of workout sneakers. Call Recreation, 863-6772.

Dec. 13 (Tues.) Graham Cracker House Construction - 3:30-5:30 p.m. at South Cove Activity Center. Parents/grandparents are encouraged to bring the kids and assist in constructing their own "winter wonderland." Recreation supplies materials for this free, after-school activity. Pre-registration required so we have enough materials for all. Call Recreation to register, 863-6772.

Dec. 13 (Tues.) Greensward Social - 5 p.m. at South Cove Activity Center. Hosts are the Shorts and the Sears.

Dec. 14 (Wed.) Reminisce with former Surgeon General C. Everett Koop - 7:30 p.m. at The Center of Eastman. He will reminisce about his years as Surgeon General and answer questions from the audience. Free and open to the public. Remember Wednesday night is "2 Fer" dinner night at the Bistro: 2 glasses of wine, 2 salads, and 2 entrees for \$38. Reservations at 863-8000.

Dec. 15 (Tues./Thurs.) Red Cross Re-certification Training - 8 a.m. to 4:30 p.m. at South Cove Activity Center. Contact Recreation for more information, 863-6772.

Dec. 15 (Thurs.) Holiday Cookie Swap - 6 p.m. at South Cove Activity Center. Who doesn't like cookies? Bake and bring at least 4 dozen cookies from your favorite recipe and bring a copy of the recipe. Recreation will make copies of your recipe to share with participants. Contact Recreation at 863-6772 to tell us what you'll bring in order to avoid duplication.

Dec. 15, 20 & 22 (Thurs./Tues.) Zumba Begins- 5:30-6:15 p.m. at South Cove Activity Center. \$24/session. Bring water and your workout shoes. Call Recreation to pre-register, 863-6772. Zumba will run in January also. Must have 8 to run the class. Call Susan Martin, 863-9094, with any questions.

NEXT WEEK AT EASTMAN

Dec. 16 (Fri.) Anderson Pond Special Place meeting & social - 7 p.m. at South Cove Activity Center. Contact Brian Roach for more information, 863-8421 or brian.roach@tufts.edu.

Dec. 18 (Sun.) Brookridge Special Place Holiday Brunch - 10:15 a.m. at The MacDonalds. Marty & John will make omelettes. Please let our hosts to know what you'll bring: macdojohn@yahoo.com.

Dec. 18 (Sunday) JOSA - 4-7 p.m. at The Center at Eastman (doors open at 3). Renowned international vocalist Giacomo Gates returns to Jazz On a Sunday Afternoon. Tickets are available for \$18 for adults and \$16 for seniors (62+) and students (17-). Reservations at 763-8732; day of show after 2 p.m. 863-8000. Add a three-course dinner for \$35 (includes tax & gratuity). Sit in musicians are welcome and enjoy reduced ticket price. www.josajazz.com. Next JOSA: Jan. 15 with alto saxophonist Greg Abate.

New to the members' area

[Improved home page](#)
[Tell us what you think](#)

[Draft Board minutes from Nov. 15 meeting](#)

[Memorandum of Understanding between ECA and ECF](#)

[Message from the Board President](#)

[Winter Recreation Guide](#)

QUICK LINKS

[EASTMAN MEMBERS' AREA](#)

[EASTMAN CROSS COUNTRY CENTER](#)

[EASTMAN GOLF LINKS](#)

[EASTMAN VIDEO](#)

[ECA ON FACEBOOK](#)

[EASTMAN GOLF LINKS ON FACEBOOK](#)

[BISTRO NOUVEAU](#)

[BISTRO NOUVEAU ON FACEBOOK](#)

[EASTMAN SECURITY](#)

[VILLAGE DISTRICT AT EASTMAN](#)

GOVERNANCE

All are at South Cove Activity Center unless otherwise noted

Dec. 14 (Wed.) Golf Committee - 9 a.m. at The Center

Dec. 19 (Mon.) Finance & Budget Committee - 3 p.m. at ECA Office

Dec. 20 (Tues.) Board of Directors - 9 a.m.

Dec. 20 (Tues.) Sewer Committee - 3 p.m. at ECA Office

Interested in Winter Exercise?

Please call Recreation to express interest in the following classes, 863-6772. Classes will be run dependent on interest.

EVENING! Water Aerobics

EITHER Mondays/Wednesdays OR Tuesdays/Thursdays
6:45-7:30 p.m.

EVENING! Winter Sports Ready

EITHER Mondays/Wednesdays OR Tuesdays/Thursdays
6:35-7:15 p.m.



HOLIDAY CLOSINGS

South Cove Activity Center:

* Saturday, Dec. 24: Desk and pool open until 4 p.m.; fitness center open until 9 p.m.

* Sunday, Dec. 25: Desk and pool closed; fitness center open regular hours.

* Regular hours for Dec. 31 and Jan. 1.

Cross Country Center:

* Sunday, Dec. 25: Closed

* Regular hours 9 a.m. - 4 p.m. for Dec. 24, Dec. 31 and Jan. 1.

ECA Departments and Offices:

* Monday, Dec. 26: Closed

* Monday, Jan. 2: Closed